



- Q: I don't understand my medical bill.
- A: Claims and benefits can be complicated. Your Care Coordinators are experts at explaining your employer's health plans and helping you understand even the most complex medical bills.
- Q: I've lost my medical ID card.
- A: No problem. Just give your Care Coordinators a call or visit your member website to request a new one, and we will get a replacement in the mail to you right away.
- Q: Is my doctor in the network?
- A: A great way to avoid surprise fees is to verify that your doctor is in your plan's network prior to your appointment.

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877-498-1382 (Monday - Friday, 8:30am - 10:00pm EST)

## MyQHealth Care Coordinator F.A.Q.



- Q: I want to talk to someone about my treatment plan.
- A: It's OK to have questions about your diagnosis or treatment plan. Get help and guidance whenever you are uncertain about your care from a Nurse Care Coordinator.
- Q: I have diabetes or another chronic condition.
- A: Many chronic conditions, such as heart disease or diabetes, can be challenging to manage. Your Care Coordinators work with you and your doctor to provide assistance with prescriptions, specialist referrals and insurance coverage eligibility. We are also your go-to resource for helpful information you can use to be proactive about your health, such as nutrition and exercise tips.
- Q: How do I know if my MRI is covered?
- A: Many procedures and services require precertification, also known as an authorization, to verify that they are covered. Contact your Care Coordinators to get a precertification from your health plan prior to your appointment.
- Q: There's got to be an easier way!
- A: Call us. For all aspects of your healthcare, we will do whatever it takes to simplify your experience.

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