UMR: REFORMED BENEFITS ASSOCIATION (RBA): 7670-00-414093 003 005 Coverage for: Individual + Family | Plan Type: HDHP



The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit <u>www.MyRBABenefits.com</u> or by calling 1-877-498-1382. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other underlined terms, see the Glossary. You can view the Glossary at <u>www.umr.com</u> or call 1-877-498-1382 to request a copy.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	\$2,000 person / \$4,000 family In-network \$6,000 person / \$12,000 family Out-of-network	Generally, you must pay all the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , the overall family <u>deductible</u> must be met before the <u>plan</u> begins to pay.
Are there services covered before you meet your deductible?	Yes. <u>Preventive care</u> services are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$5,000 person / \$10,000 family In-network \$15,000 person / \$30,000 family Out-of-network \$5,000 In-network / \$15,000 Out-of-network Maximum amount that any one person will satisfy towards the annual family out-of-pocket	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Penalties, <u>premiums</u> , <u>balance billing</u> charges, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.MyRBABenefits.com or call 1-877-498-1382 for a list of network providers .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common		What You	Will Pay	Limitations, Exceptions, & Other Important
Medical Event	Services You May Need	In-network (You will pay the least)	Out-of-network (You will pay the most)	Information
	Primary care visit to treat an injury or illness	20% Coinsurance	50% Coinsurance	None
If you visit a health care provider's office or clinic	<u>Specialist</u> visit	20% Coinsurance	50% Coinsurance	None
	Preventive care/screening/ immunization	No charge; Deductible Waived	Not covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	20% Coinsurance	50% Coinsurance	None
	Imaging (CT/PET scans, MRIs)	20% Coinsurance	50% Coinsurance	Preauthorization is required. If you don't get preauthorization, benefits could be reduced by 50% of the total cost of the service.

Common		What You Will Pay		Limitations Evacutions 9 Other Important	
Common Medical Event	Event Services You May Need In-network Out-of-ne		Out-of-network (You will pay the most)	IIIOIIIatioii	
If you need	Generic drugs (Tier 1)	\$10 copay/prescription retail 1- 31 days \$25 copay/prescription retail 1- 90 days \$25 copay/prescription mail 1-90 days	50% coins/prescription retail 1-30 days 50% coins/prescription retail 1-90 days 50% coins/prescription mail 1-90 days		
drugs to treat your illness or condition. More information about	Preferred brand drugs (Tier 2)	\$40 copay/prescription retail 1- 31 days \$100 copay/prescription retail 1- 90 days \$100 copay/prescription mail 1- 90 days	50% coins/prescription retail 1-30 days 50% coins/prescription retail 1-90 days 50% coins/prescription mail 1-90 days	All copays go into effect after the deductible has been met.	
prescription drug coverage is available at www.optumrx.c om.	Non-preferred brand drugs (Tier 3)	\$80 copay/prescription retail 1- 31 days \$200 copay/prescription retail 1- 90 days \$200 copay/prescription mail 1- 90 days	50% coins/prescription retail 1-30 days 50% coins/prescription retail 1-90 days 50% coins/prescription mail 1-90 days		
	Specialty drugs (Tier 4)	\$100 copay/prescription MAIL ONLY 1-30 *******ALL TIERS****	\$100 copay/prescription MAIL ONLY 1-30 *******ALL TIERS****		
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	20% Coinsurance	50% Coinsurance	Preauthorization is required. If you don't get preauthorization, benefits could be reduced	
surgery	Physician/surgeon fees	20% Coinsurance	50% Coinsurance	by 50% of the total cost of the service.	

Common		What You	ı Will Pay	Limitations Everations 9 Other Important	
Common Medical Event	Services You May Need	In-network (You will pay the least)	Out-of-network (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Emergency room care	20% Coinsurance	20% Coinsurance	In-network deductible applies to Out-of-network benefits	
If you need immediate medical attention	Emergency medical transportation	20% Coinsurance	20% Coinsurance	In-network deductible applies to Out-of-network benefits	
	Urgent care	20% Coinsurance	50% Coinsurance	None	
If you have a	Facility fee (e.g., hospital room)	20% Coinsurance	50% Coinsurance	Preauthorization is required. If you don't get preauthorization, benefits could be reduced by 50% of the total cost of the service for Outof-network.	
hospital stay	Physician/surgeon fees	20% Coinsurance	50% Coinsurance		
If you have mental health, behavioral health, or	Outpatient services	20% Coinsurance	50% Coinsurance	Preauthorization is required for Partial hospitalization & Intensive outpatient. If you don't get preauthorization, benefits could be reduced by 50% of the total cost of the service.	
substance abuse services	Inpatient services	20% Coinsurance	50% Coinsurance	Preauthorization is required. If you don't get preauthorization, benefits could be reduced by 50% of the total cost of the service for Out-of-network.	

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	ou May Need In-network Out-of-network (You will pay the least) (You will pay the most		Information	
	Office visits	No charge; Deductible Waived	50% Coinsurance	Cost sharing does not apply for preventive	
If you are pregnant	Childbirth/delivery professional services	20% Coinsurance	50% Coinsurance	services. Depending on the type of services, deductible, copayment or coinsurance may apply. Maternity care may include tests and services described elsewhere in the SBC	
	Childbirth/delivery facility services	20% Coinsurance	50% Coinsurance	(i.e. ultrasound).	
	Home health care	20% Coinsurance	50% Coinsurance	60 Maximum visits per calendar year; Preauthorization is required. If you don't get preauthorization,, benefits could be reduced by 50% of the total cost of the service.	
If you need help recovering or	Rehabilitation services	20% Coinsurance	50% Coinsurance	60 Maximum visits per calendar year;	
have other special health needs	Habilitation services	20% Coinsurance	50% Coinsurance	Habilitation services for Learning Disabilities are not covered.	
	Skilled nursing care	20% Coinsurance	50% Coinsurance	60 Maximum days per calendar year; Preauthorization is required. If you don't get preauthorization, benefits could be reduced by 50% of the total cost of the service for Out-of-network.	

Common		What You	Will Pay	Limitations Evacutions 2 Other Important
Common Medical Event	Services You May Need	In-network (You will pay the least)	Out-of-network (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Durable medical equipment	20% Coinsurance	50% Coinsurance	Preauthorization is required for DME in excess of \$1,500 for purchases & all rentals. If you don't get preauthorization, benefits could be reduced by 50% per occurrence.
	Hospice service 20% Coinsurance		50% Coinsurance	360 Maximum days per lifetime; Preauthorization is required. If you don't get preauthorization, benefits could be reduced by 50% of the total cost of the service.
If your child	Children's eye exam	Not covered	Not covered	None
needs dental	Children's glasses	Not covered	Not covered	None
or eye care	Children's dental check-up	Not covered	Not covered	None

Excluded Services & Other Covered Services:

	Services Your Plan Does NOT Cover	(Check your polic	cy or plan document for more	information and a list of any	other excluded services.)
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- Cosmetic surgery
- Dental care (Adult)
- Hearing aids

- Infertility treatment
- Long-term care
- Private-duty nursing

- Routine eye care (Adult)
- Routine foot care
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Acupuncture

• Chiropractic care

• Non-emergency care when traveling outside the U.S.

• Bariatric surgery (In-network only)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is U.S. Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the health Insurance Marketplace. For more information about the Marketplace, visit www.healthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u> or a <u>grievance</u> for any reason to your <u>plan</u>. Additionally, a consumer assistance program may help you file your <u>appeal</u>. A list of states with Consumer Assistance Programs is available at <u>www.HealthCare.gov</u> and http://cciio.cms.gov/programs/consumer/capgrants/index.html.

Does this plan Provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan Meet the Minimum Value Standard? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-877-498-1382.

Traditional Chinese (中文): 如果需要中文的幫助, 請撥打這個號碼 1-877-498-1382.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-877-498-1382.

Pennsylvania Dutch (Deitsch): Fer Hilf griege in Deitsch, ruf die do Nummer uff 1-877-498-1382.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-877-498-1382.

Samoan (Gagana Samoa): Mo se fesoasoani i le Gagana Samoa, vala'au mai i le numera telefoni 1877-498-1382.

Carolinian (Kapasal Falawasch): ngere aukke ghut alillis reel kapasal Falawasch au fafaingi tilifon ye 1-877-498-1382.

Chamorro (Chamoru): Para un ma ayuda gi finu Chamoru, a'gang 1-877-498-1382.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$2,000
■ Specialist coinsurance	20%
■ Hospital (facility) coinsurance	20%
■ Other <u>coinsurance</u>	20%

This EXAMPLE event includes services like:

Specialist office visits (pre-natal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700
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In this example, Peg would pay:

Cost Sharing		
<u>Deductibles</u>	\$2,000	
Copayments	\$0	
Coinsurance	\$2,100	
What isn't covered		
Limits or exclusions \$7		
The total Peg would pay is	\$4,170	

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$2,000
■ Specialist coinsurance	20%
■ Hospital (facility) coinsurance	20%
Other <u>coinsurance</u>	20%

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

<u>Diagnostic tests</u> (blood work)

Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

Total Example Cost	\$5,600

In this example, Joe would pay:

Cost Sharing	
Deductibles*	\$1,100
Copayments	\$0
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$4,300
The total Joe would pay is	\$5,400

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$2,000
■ Specialist coinsurance	20%
■ Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic tests (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

In this example, Mia would pay:

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Cost Sharing		
Deductibles*	\$2,000	
Copayments	\$0	
Coinsurance	\$200	
What isn't covered		
Limits or exclusions	\$10	
The total Mia would pay is	\$2,210	

Note: These numbers assume the patient does not participate in the <u>plan's</u> wellness program. If you participate in the <u>plan's</u> wellness program, you may be able to reduce your costs. For more information about the wellness program, please contact: <u>www.umr.com</u> or call 1-877-498-1382.

*Note: This <u>plan</u> has other <u>deductibles</u> for specific services included in this coverage example. See "Are there other <u>deductibles</u> for specific services?"" row above.